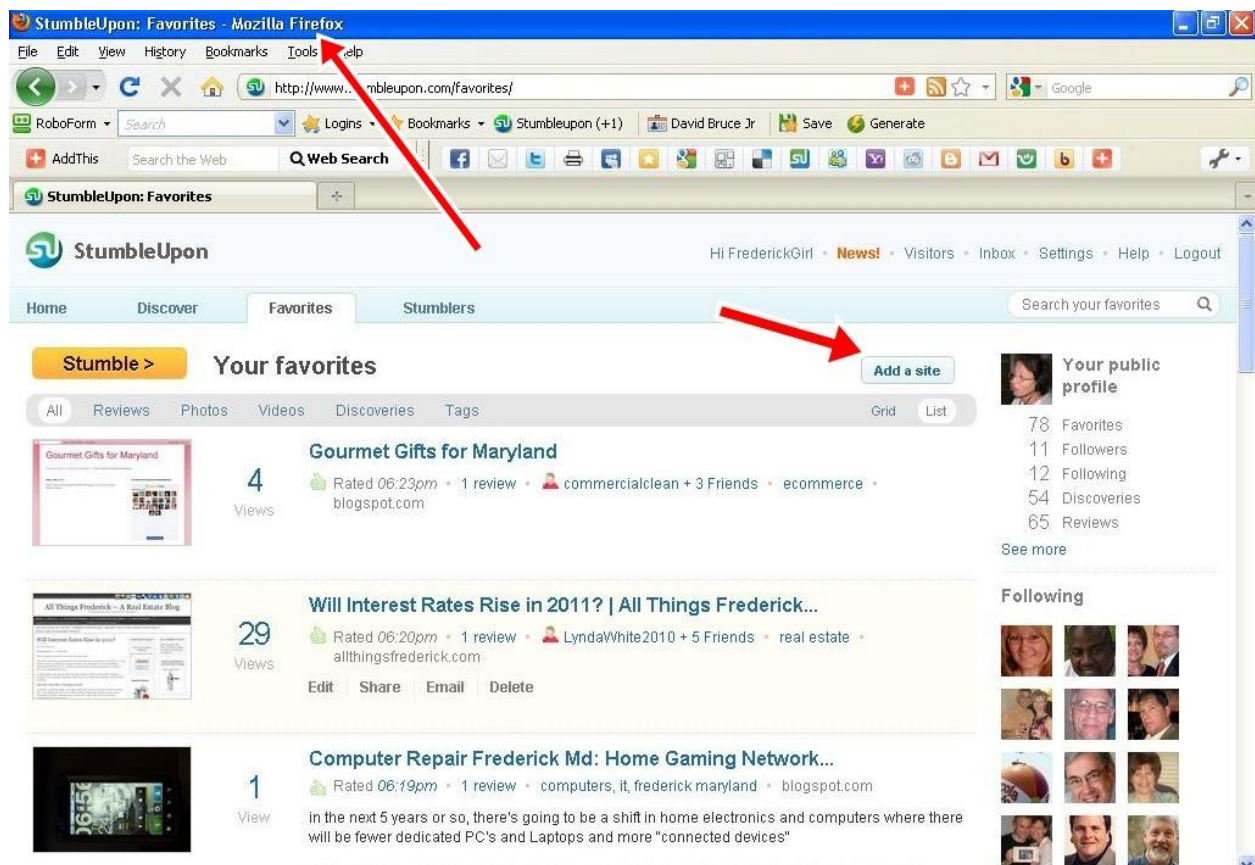


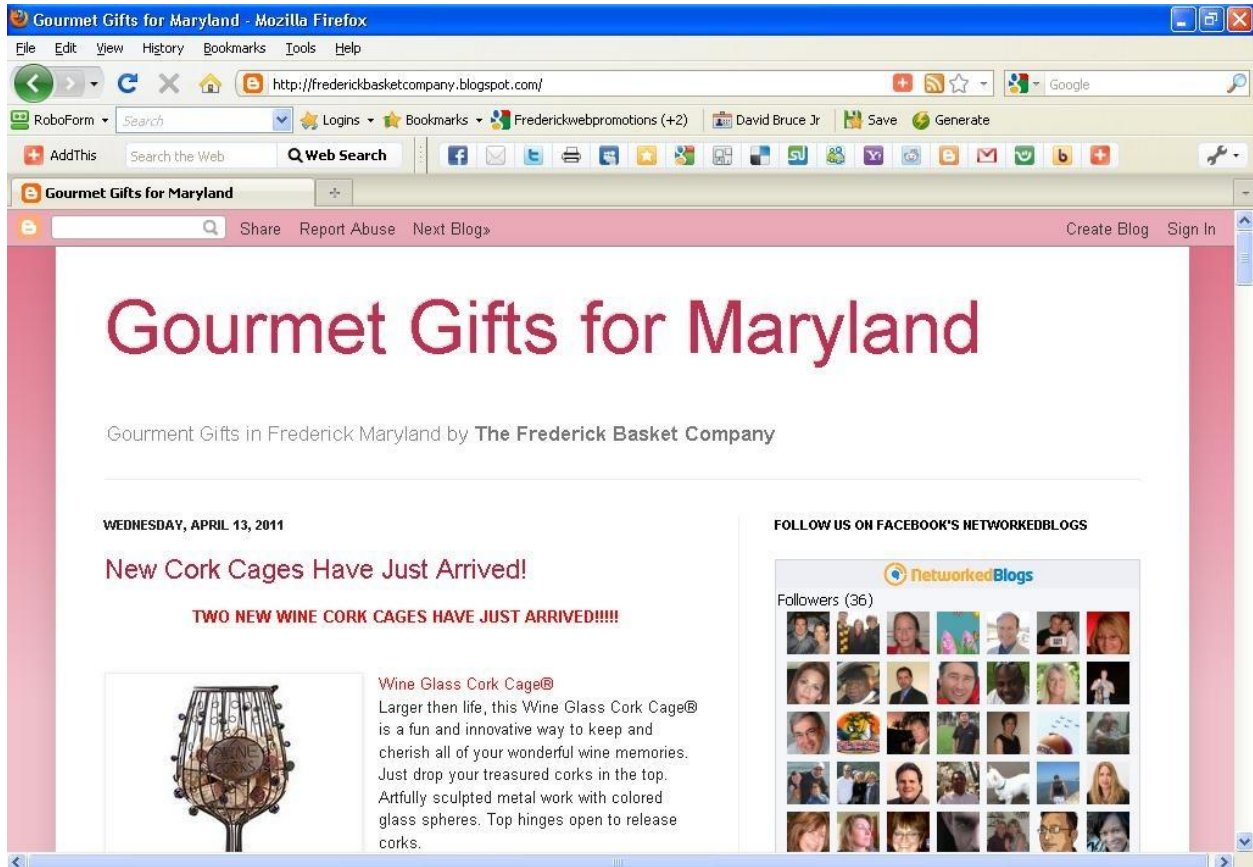
How to save bookmarks to [Stumbleupon](http://www.stumbleupon.com) for SEO Purposes

We're using Firefox because after you learn how to manually add one of your websites/ blogs to Stumbleupon, later we're going to show you how to use the AddThis toolbar, and you do NOT really want to use Internet Explorer with AddThis



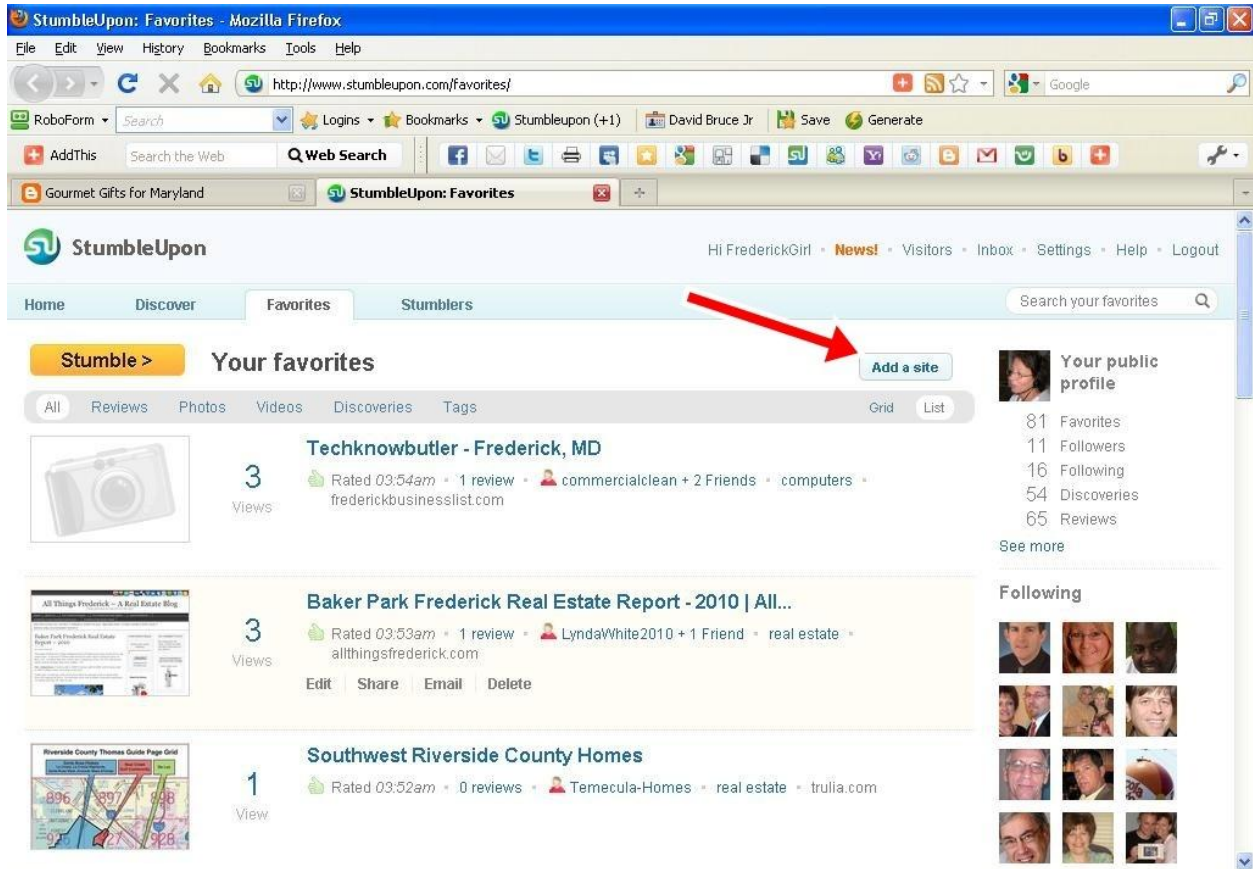
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For this example we're going to add Vickie Moore's blog: [Gourmet Gifts for Maryland](#) as a "target"



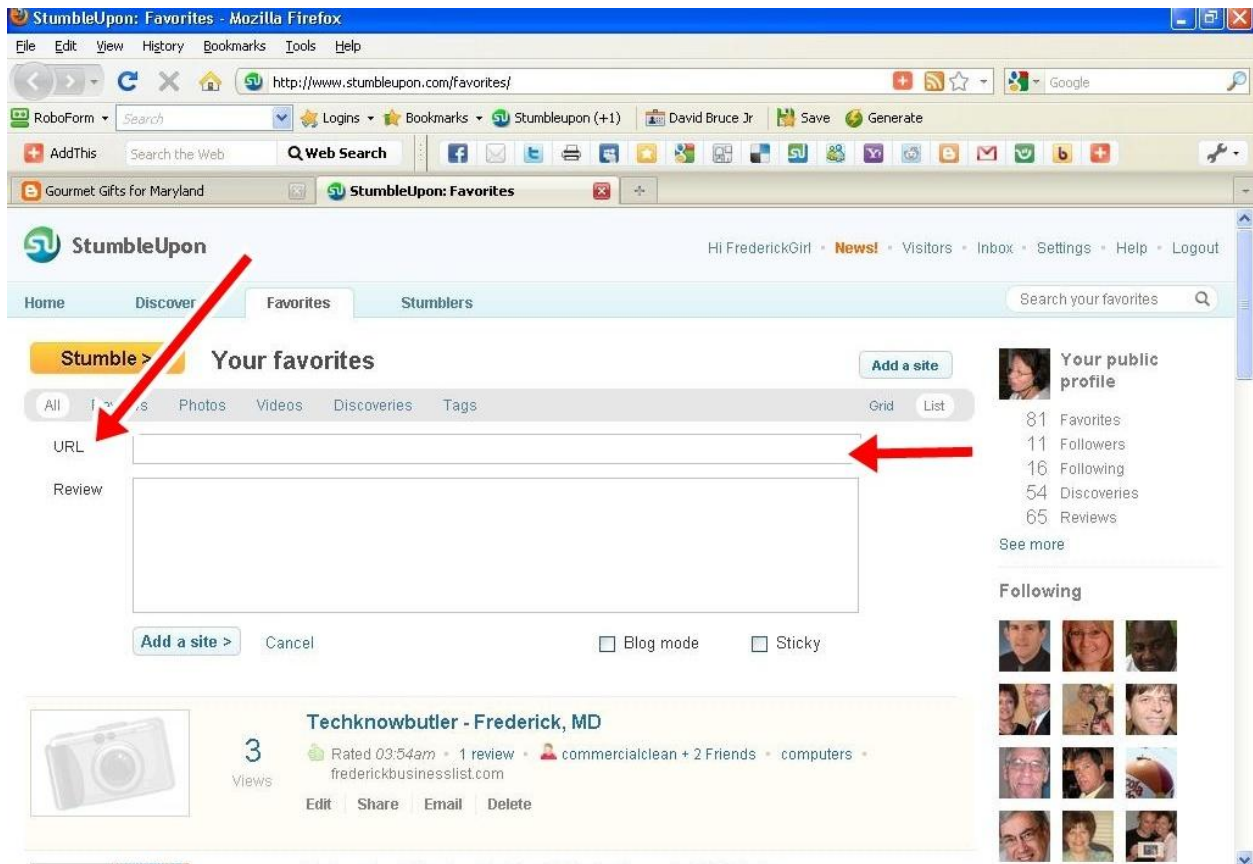
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Now Open a new tab, have the target site (Your website or blog) in one tab and [StumbleUpon.com](http://www.stumbleupon.com) in the adjacent tab, with you already logged into StumbleUpon

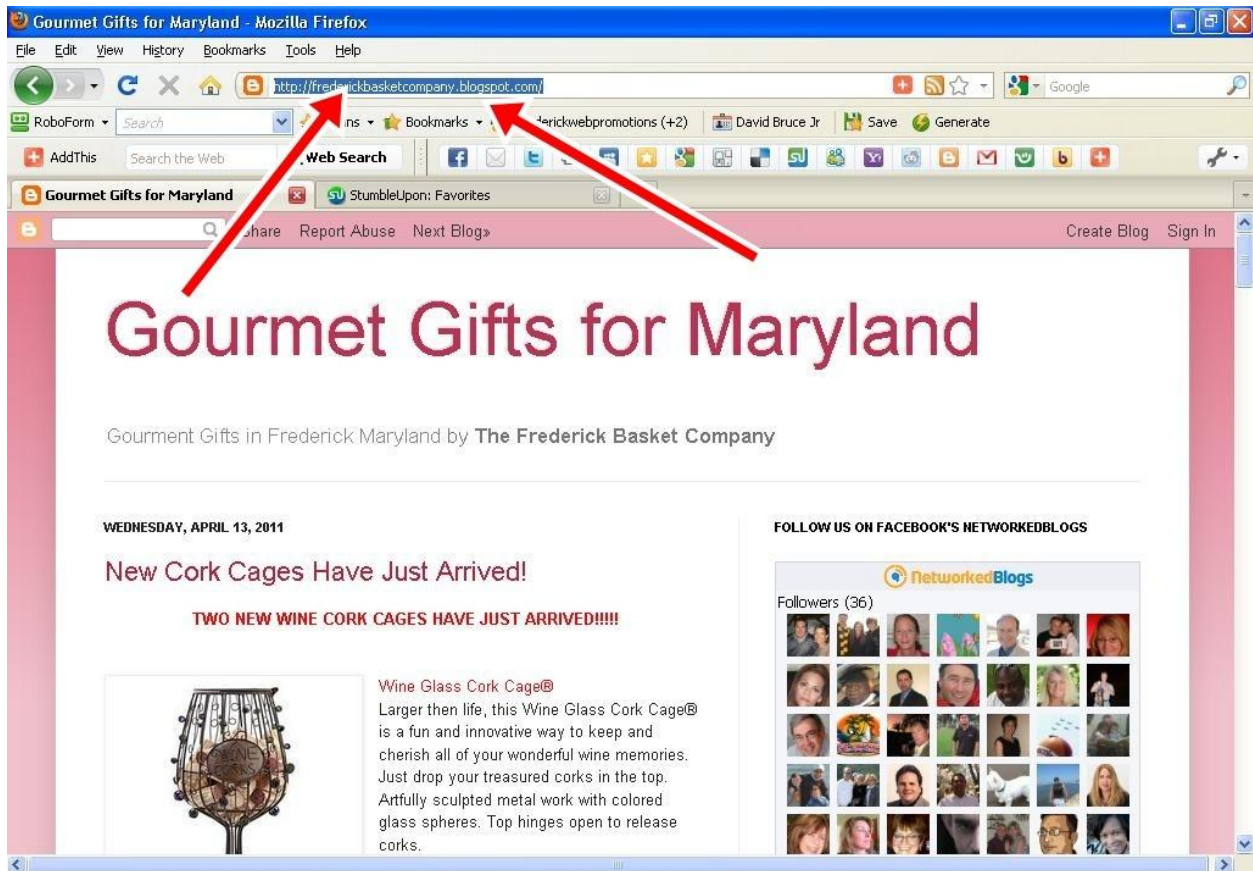


We want to copy and paste the target site into the StumbleUpon box

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Gourmet Gifts for Maryland - Mozilla Firefox

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Gourmet Gifts in Frederick Maryland by The Frederick Basket Company

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TWO NEW WINE CORK CAGES HAVE JUST ARRIVED!!!!



Wine Glass Cork Cage®
Larger than life, this Wine Glass Cork Cage® is a fun and innovative way to keep and cherish all of your wonderful wine memories. Just drop your treasured corks in the top. Artfully sculpted metal work with colored glass spheres. Top hinges open to release corks.

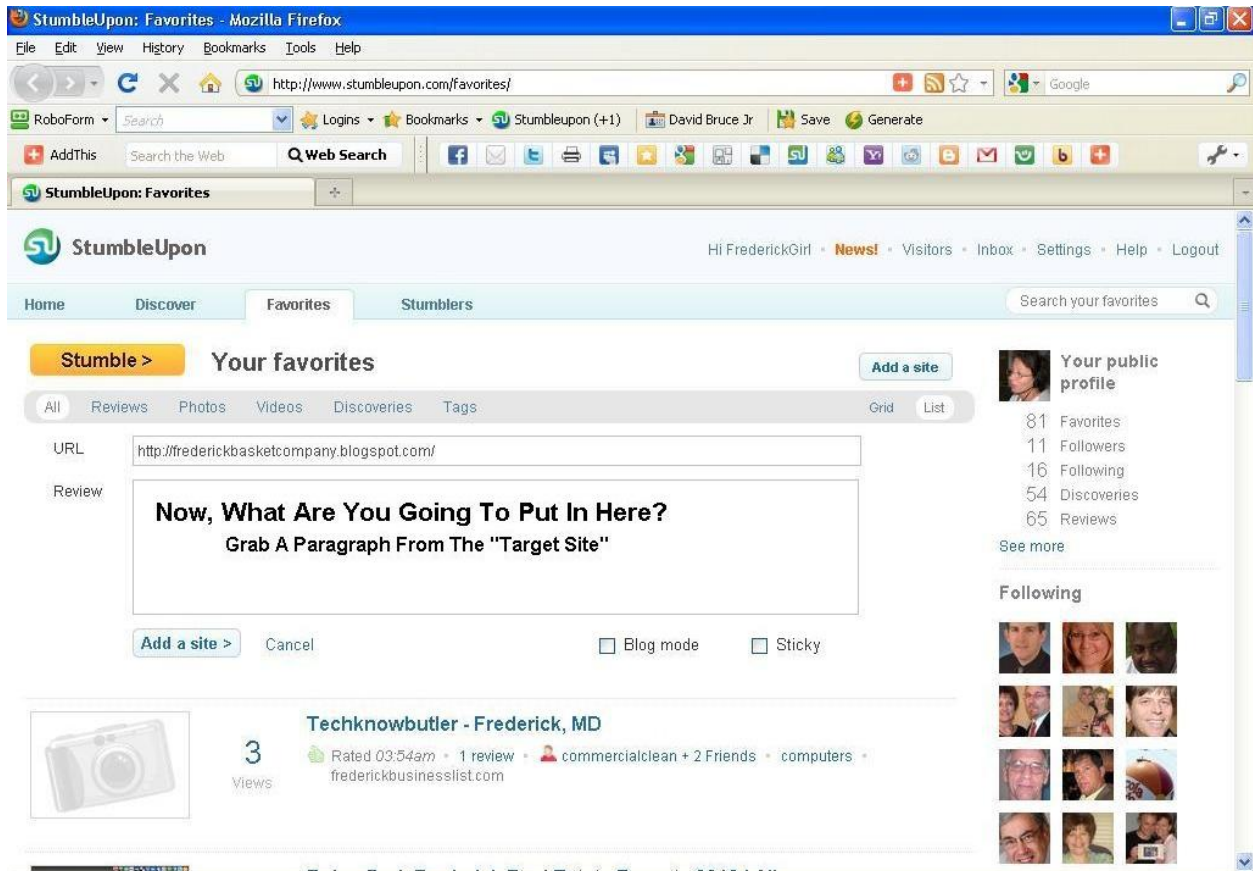
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Wreath Cork Cage®
Perfect for the holidays or any time, the

Grab the Title Because it has the keywords you want to be found under

The Frederick Basket Company doesn't really want to rank for:

New Cork ... or Cages

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Wreath Cork Cage®
Perfect for the holidays or any time, the

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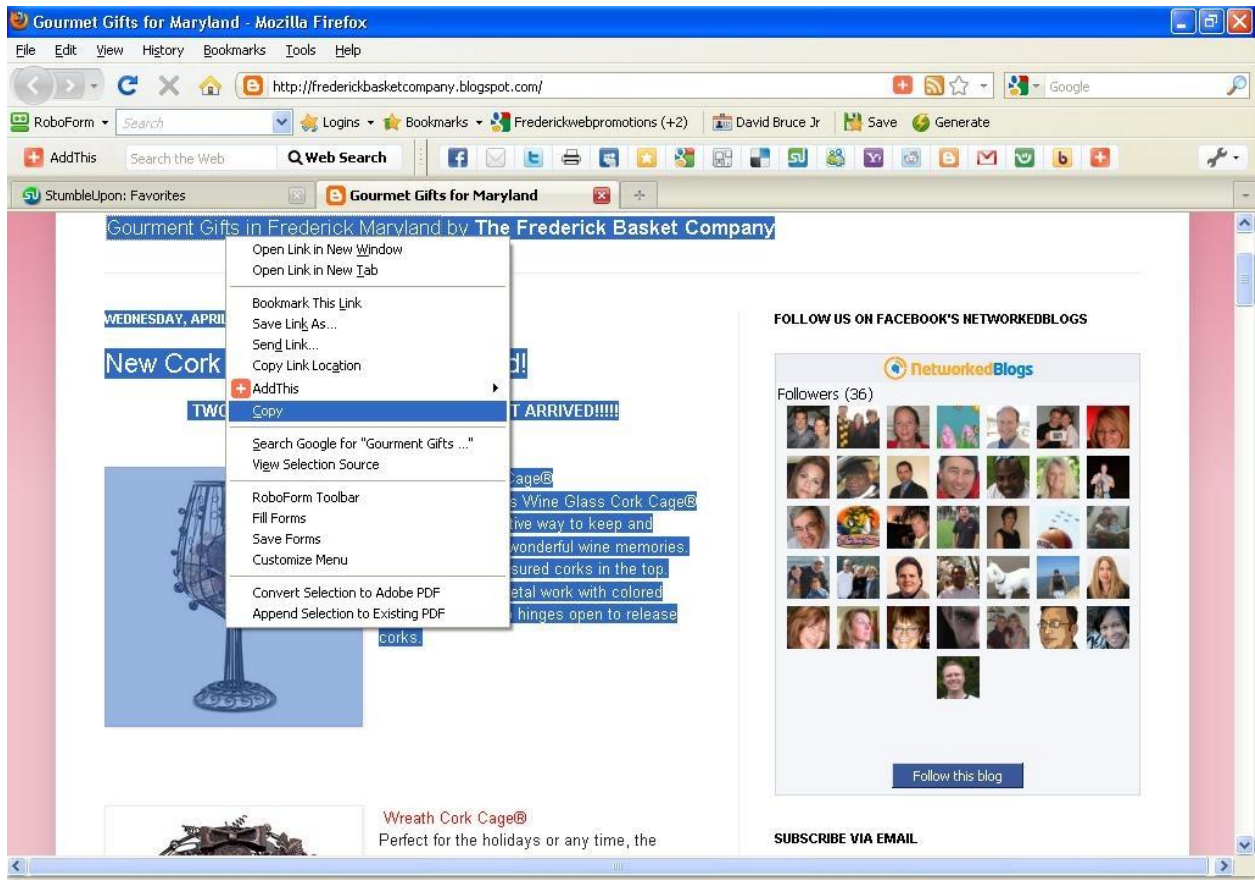
TEXT is what Google can spider

The graphic won't paste into a text box... just grab what we want and ignore the graphic

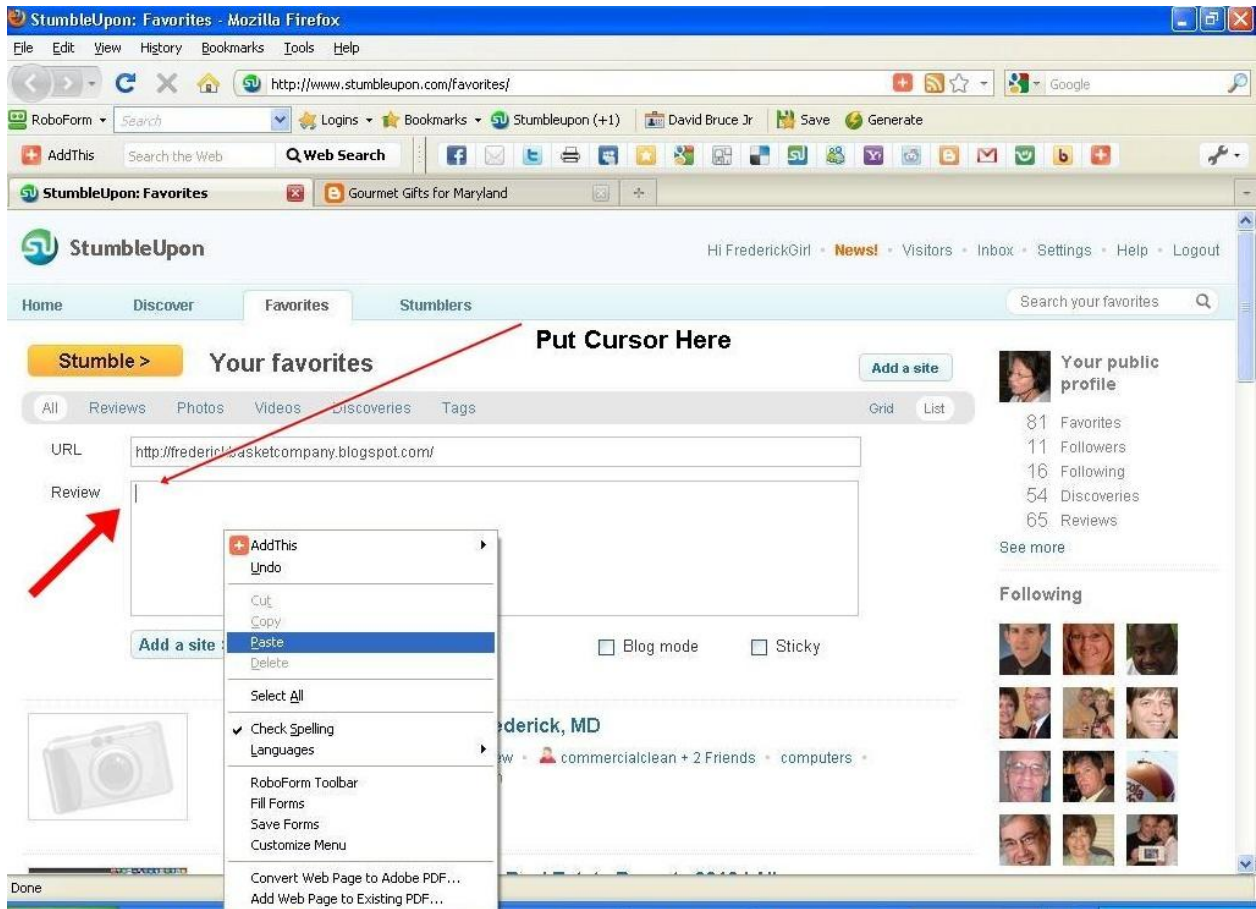
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Review Gourmet Gifts in Frederick Maryland by The Frederick Basket Company
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New Cork Cages Have Just Arrived!
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Wine Glass Cork Cage@

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3 Views

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5 Views

Gourmet Gifts for Maryland

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 Wednesday, April 13, 2011
 New Cork Cages Have Just Arrived!
 TWO NEW WINE CORK CAGES HAVE JUST ARRIVED!!!!

Mouseover and this row will appear

Wine Glass Cork Cage®
 Larger then life, this Wine Glass Cork Cage® is a fun and innovative way to keep and cherish all of your wonderful wine memories. Just drop your treasured corks in the top. Artfully sculpted metal work with colored glass spheres. Top hinges open to release corks.

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3 Views

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I apologize for this being crude; I'll edit it and add to it later.

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Hopefully this will get you started, at a minimum you'll have populated your StumbleUpon with your blog posts and profile pages and so the rest of our [Facebook for Business Cooperative Group](#) can vote you up.

Next installment: How to vote for other group members and how to use the AddThis Toolbar to automate this.

Thanks

David Bruce Jr **Frederick Web Promotions** | Local SEO & Social Media Marketing Consultant

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